

SEAFORD 2026 CLASS TIMETABLE (non competitive)

(see PRESCHOOL schedule for ages 2-4.5)

AGE 5 – 6 YRS:

MONDAY	4:00 – 5:00	MINIS (combo jazz/tap and hip hop)
WEDNESDAY	4:00 – 5:00	MINIS (combo jazz/tap and hip hop)
	5:00 – 5:45	MINIS – Acrobatics
THURSDAY	4:00 – 4:45	BALLET PRIMARY

AGE 7 – 8 YRS:

TUESDAY	4:00 – 4:45	COMBO JAZZ & HIP HOP
	4:00 – 5:00	AERIAL LEVEL 1 (from Age 8- beginner)
WEDNESDAY	5:00 – 5:45	BALLET GRADE 2
THURSDAY	4:00 – 5:00	ACRO LEVEL 1/2

AGE 9 – 10 YRS:

WEDNESDAY	4:00 – 5:00	AERIAL LEVEL 1 / 2
	5:00 – 5:45	BALLET GRADE 2
	5:45 – 6:45	COMBO JAZZ & HIP HOP
THURSDAY	5:00 – 6:00	ACRO LEVEL 3
	5:30 – 6:15	TAP 9 – 12 yrs
	6:15 – 7:00	BALLET GRADE 4
	6:00 – 7:00	ACRO LEVEL 4

AGE 11 – 12 YRS

MONDAY	5:00 – 6:00	COMBO JAZZ & CONTEMPORARY
	6:00 – 6:45	HIP HOP
TUESDAY	5:00 – 6:00	AERIAL LEVEL 2/3 (generally with prior experience)
WEDNESDAY	6:00 – 7:00	AERIAL LEVEL 2 /3 (generally with prior exp.)
THURSDAY	6:15 – 7:15	BALLET GRADE 4
	6:00 – 7:00	ACRO LEVEL 4 (prior experience)
	7:15 – 8:00	PBT EXTENSION CLASS – Stretch and strengthen
FRIDAY	4:00 – 5:30	ELITE EXTENSION CLASS (development of technique, CHOREOGRAPHY FOR COMPETITIONS)

AGE 13 – 17 YRS + Adult Aerial Intermediate

MONDAY 5:00 – 6:00 Intermediate Aerial (prior experience required)
 6:00 – 7:00 Advanced Acrobatics (min. 3 yrs acro required)
 7:00 – 8:00 Advanced Youth Aerial
 8:15 – 9:15 Adult Aerial Intermediate

TUESDAY
 5:45 – 6:30 CONTEMPORARY 13 – 17 yrs
 6:00 – 7:00 AERIAL LEVEL 4 (EXPERIENCED FLYERS)

WEDNESDAY 7:15 – 8:00 BALLET GRADE 6
 8:00 – 8:30 POINTE

THURSDAY 7:00 – 8:00 ADVANCED ACRO